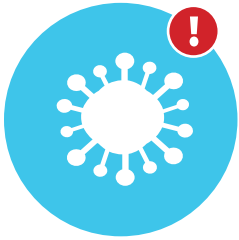


CORONAVIRUS (COVID-19)

WHAT YOU SHOULD KNOW



HOW DOES THE VIRUS SPREAD?

- Person to person contact (within 6 feet)
- Via respiratory droplets (2–14 days incubation period)
- By touching surfaces that have the virus, and then touching your nose, eyes, or mouth

PRACTICE PREVENTION



AVOID SHAKING
HANDS



PRACTICE HAND
HYGIENE **REGULARLY**



AVOID CLOSE CONTACT
WITH SICK PEOPLE

PREVENT THE SPREAD THROUGH **SOCIAL DISTANCING**

(EVEN IF YOU HAVE NO SYMPTOMS)



STAY AND WORK
FROM HOME
(IF POSSIBLE)



AVOID PUBLIC AREAS
AND TRANSPORTATION



AVOID SOCIAL
GATHERINGS

WHAT TO DO IF YOU FEEL SICK?

IDENTIFY YOUR SYMPTOMS

- Dry cough
- Fever
- Shortness of breath
- Muscle aches
- Fatigue

WHEN TO SEEK MEDICAL CARE

- If you develop symptoms and have been in contact with someone who recently tested positive, or have been to an area with a known widespread outbreak.